

## 2 Force of habit

### Your daily routine

to tidy up one's room	He should really tidy up his room.	das Zimmer aufräumen
to do the homework	Oh no, I forgot to do the homework last night!	die Hausaufgaben machen
to do sports	I've been doing sports since I was really small.	Sport treiben, Sport machen
to go to the gym	Every Thursday, my brother and I go to the gym.	ins Fitnessstudio gehen
to brush one's teeth	Do you brush your teeth before or after breakfast?	sich die Zähne putzen
to wash one's face	My mother says I should never go to bed without washing my face.	sich das Gesicht waschen
to do push-ups	She is amazing at doing push-ups.	Liegestütze machen
to make the bed	He never makes the bed.	das Bett machen
to lay out the clothes for the day	When you have an interview the next day, you should lay out the clothes for the day before you go to sleep.	die Kleidung für den Tag herauslegen, das Outfit für den Tag herrichten
to have breakfast/ lunch / dinner	It's wonderful when I can have breakfast / lunch / dinner with my family.	frühstücken / zu Mittag essen / zu Abend essen
to have a shower/a hot bath	I have a shower / a hot bath every night.	sich duschen / ein heißes Bad nehmen
to watch TV/ <i>Netflix</i>	Before she falls asleep, she likes to watch TV / <i>Netflix</i> .	fernsehen / <i>Netflix</i> schauen
to play video games	All of Scott's friends play video games with him every Saturday.	Videospiele spielen
to meet with friends	Susan was late for the conference because she had met with friends an hour before.	sich mit Freunden/Freundinnen treffen
to study for an exam	I still have to study for an exam when I get home tonight.	für eine Prüfung lernen
to get dressed	He got dressed in a hurry before his date.	sich anziehen
to put on some make-up	When I was going to a wedding, I decided to put on some make-up.	sich schminken
to read the newspaper	Jeff only reads the newspaper on Sundays.	die Zeitung lesen
to listen to music	She likes to listen to music on her way to school.	Musik hören
to comb one's hair	It takes Monika at least twenty minutes to comb her hair.	sich die Haare kämmen, sich die Haare bürsten
to style one's hair	She doesn't like to style her hair every day.	sich die Haare stylen, sich die Haare machen
to take a nap	Toddlers need to take a nap every day.	ein Nickerchen machen
to clear up the mess	We needed to clear up the mess after the picnic.	das Chaos beseitigen, aufräumen
to prepare breakfast/lunch/ dinner	During the school holidays I prepared breakfast / lunch / dinner with my grandmother on Sundays.	Frühstück / Mittagessen / Abendessen zubereiten

to check one's social media account(s)	Sophie checks her social media accounts way too often, especially her <i>Instagram</i> .	den/die Social-Media-Account/s anschauen
to go for a walk	It's healthy to go for a walk after eating.	einen Spaziergang machen
to pack one's school bag	Phillip never packs his school bag until five minutes before he has to leave.	die Schultasche packen
<b>School routine</b>		
to enter the classroom	A few classmates always enter the classroom right before class starts.	das Klassenzimmer betreten
school usually starts/finishes at ...	School usually starts at 7:45 am and finishes at 4 pm.	die Schule beginnt / endet normalerweise um ...
to have four/five/six lessons in a row	On a normal day of school, we have four / five / six lessons in a row.	vier / fünf / sechs Unterrichtsstunden hintereinander haben
to enjoy/ have lunch at the school canteen	About three times a week, I enjoy / have lunch at the school canteen.	in der Mensa / Schulkantine / im Schulbuffet zu Mittag essen
to bring one's own lunch	I mostly bring my own lunch to school.	das eigene Mittagessen mitbringen
to wear safety clothes / work attire	When we have to be in the workshop, we're required to wear safety clothes / work attire.	Sicherheitskleidung / Arbeitskleidung tragen
to attend optional extra lessons	I've never attended optional extra lessons before.	freiwillige Zusatzstunden / Wahlfächer besuchen
to do practical work	It's extremely important to know how to do practical work.	praktische Arbeit machen
to combine theory and practical work	The ideal class combines both theory and practical work.	Theorie und Praxis kombinieren
to work in small groups	Many subjects require the students to work in small groups.	in kleinen Gruppen arbeiten
the classroom is equipped with an interactive white board/a projector/computers	Our classroom is very modern, as it is equipped with an interactive white board / a projector / computers.	der Klassenraum ist mit einer interaktiven Tafel / einem Beamer / Computern ausgestattet
lunch break	The class normally takes a lunch break in the middle of the day.	Mittagspause
fifteen/five minutes' break	Between classes, students have fifteen / five minutes' break.	fünfzehn / fünf Minuten Pause
free period	If we get lucky, sometimes we have a whole free period.	Freistunde
afternoon class(es)	I often feel sleepy during my afternoon class(es).	Nachmittagsunterricht
Chemistry/Science/computer laboratory	In addition to normal classrooms, we have a Chemistry / Science / computer laboratory.	Chemielabor / Physiklabor / Computerraum
workshop	I really enjoy spending time in the workshop at school.	Werkstätte, Bauhof
fixed classroom(s)	At our school, we have fixed classrooms.	fixe(s) / festgelegte(s) Klassenzimmer
<b>Duties at school and in the classroom</b>		
to write on the blackboard	Stephen had to write the entire solution to the Maths problem on the blackboard.	an der Tafel schreiben, etwas an die Tafel schreiben
to take down notes	It's much more difficult to take down notes when you're distracted by your phone.	sich Notizen machen

to do an exercise	I was frustrated because the teacher kept asking me to do an exercise in front of the class.	eine Übung machen
to look out of the window	When my friend gets bored in class, he looks out of the window.	aus dem Fenster schauen
to cut something out	For a project, we all had to cut advertisements out of magazines.	etwas ausschneiden
to pick something up from the floor	I picked up a pencil from the floor.	etwas vom Boden aufheben
to read a book	During the lunch break, one of the teachers often reads a book.	ein Buch lesen
to greet a classmate	Martha greeted a classmate of hers in the hallway.	einen Klassenkameraden/eine Klassenkameradin (be)grüßen
to raise one's hand	Max raises his hand for every question in English class.	aufzeigen, die Hand heben
to chat with a classmate	Before class is the perfect time to chat with a classmate.	sich mit einem Klassenkameraden/einer Klassenkameradin unterhalten
to hang up drawings on the pinboard	The younger students hung up drawings on the pinboard last week.	Zeichnungen an der Pinnwand aufhängen
to show something to one's teacher	I want to show something I made today to my workshop teacher.	dem Lehrer/der Lehrerin etwas zeigen
<b>Pupils' daily routines in other countries</b>		
to wake up at ... am	I wake up at 5 am every day of the week.	um ... Uhr munter werden, aufwachen
to help with household chores	On the weekends, she needs to help with household chores.	im Haushalt helfen, bei der Hausarbeit mithelfen
to walk to school	Some of my classmates walk to school.	zu Fuß zur Schule gehen
to have an empty belly	When I leave to go home, I almost always have an empty belly and look forward to dinner.	einen leeren Magen haben, Hunger haben, hungrig sein
school starts at ... am	School starts at 8 am most days.	die Schule beginnt um ... Uhr
to be required to learn outside	Without enough space in the school buildings, students are required to learn outside.	im Freien lernen müssen
weather events force students to seek shelter	Storms, high winds and other weather events force students to seek shelter.	Wetterereignisse zwingen die Schüler/innen, Schutz / Unterschlupf / Zuflucht zu suchen
to be in class with 100 other students	It can't be easy to be in class with 100 other students.	mit 100 anderen Schülern/Schülerinnen in einer Klasse sein
to not be able to afford books	If students come from a poor family, they are not necessarily able to afford books.	sich keine Bücher leisten können
students gather around precious copies	Students gather around precious copies of the books they have to study from.	Schüler/innen versammeln sich um kostbare / wertvolle Exemplare
resources are limited	It is important not to waste anything when resources are limited.	die Ressourcen sind begrenzt
their notes are the only revision tool for the students	Their notes are the only revision tool for students who are studying for exams.	ihre Notizen sind das einzige Hilfsmittel für die Schüler/innen
to only have few opportunities to practice outside the classroom	Toby has few opportunities to practice his new skills outside the classroom.	nur wenige Gelegenheiten zum Üben außerhalb des Klassenzimmers haben
to drop out of school	Anika dropped out of school when she was sixteen.	die Schule abbrechen

### Talking about jobs

the main tasks and duties of being a/an ... are	The main tasks / duties of being an electrician are laying cable and installing light switches.	die wichtigsten Aufgaben und Pflichten eines/einer ... sind
to work part-time	After her injury, Amy worked part-time for almost three months.	Teilzeit arbeiten
to work full-time	Irene is working full-time at a publishing company.	Vollzeit arbeiten
to be self-employed	I have been self-employed since the beginning of the year.	selbstständig sein, eine eigene Firma haben
to work overtime	When you work overtime, you often earn a higher hourly wage.	Überstunden machen
to have flexible working hours	It's helpful to have flexible working hours so that you can make your own schedule.	flexible Arbeitszeiten haben
to have a well-paid job	My goal is to eventually have a well-paid job.	einen gut bezahlten Job haben
to have a badly-paid job	I've had a badly-paid job almost every summer since I was fourteen.	einen schlecht bezahlten Job haben
to be a teleworker	Susie was a teleworker in Chicago for over ten years.	ein/e Telearbeiter/in sein, von Zuhause aus arbeiten, im Home-Office arbeiten

### Combinations of adjectives and prepositions to describe your work routine

to be responsible for	My grandmother was always responsible for organising the family reunions.	verantwortlich sein für
to be good at	I'm good at playing baseball.	gut darin sein
to be happy about	She was very happy about the results of the competition.	sich freuen über
to be interested in	We are interested in many different subjects.	interessiert sein an
to be confronted with	Suddenly, the researchers were confronted with some unexpected results.	konfrontiert werden mit
to be busy with	She's been busy with her friends a lot recently.	beschäftigt sein mit
to be grateful for	I'm grateful for the opportunity to work here.	dankbar sein für
to be familiar with	That's a topic he's very familiar with; he knows a lot about it.	vertraut sein mit, kennen
to be successful in	My father's goal has always been to be successful in business and life.	erfolgreich sein in
to concentrate on	I tried to get the woman's attention, but she was concentrating on a crossword puzzle.	sich konzentrieren auf